## COURSE OVERVIEW

**Subject:** Year 9 Food  
**Semester:** 1  
**Teacher/s:** Liza Rebelo  
**Year Group:** 9

### Course Overview

<table>
<thead>
<tr>
<th>Wk</th>
<th>Content</th>
<th>Assessment</th>
<th>Task</th>
<th>Weight (%)</th>
</tr>
</thead>
</table>
| 1  | Introduction  
Revision Safety and Hygiene  
Australian Dietary Guidelines  
Nutrients | | | |
| 2  | Nutrients Continued  
Practical Session: Smoothie | | | |
| 3  | Health and Diseases  
Practical Session: Thai Beef Salad | | | |
| 4  | Health and Diseases  
Practical Session: Moroccan Lettuce Cups | | | |
| 5  | Health and Diseases  
Practical Session: Mini Frittatas | | | |
| 6  | Health and Diseases  
Practical Session: Chicken Parmigiana with Chips | | | |
| 7  | Investigate Healthier Cooking Method  
Assessment | Assignment | | 35 |
| 8  | Easter Activity  
Practical Session: TBA | Observation of Students While Cooking | | |
| 9  | Investigate Healthier Cooking Method  
Assessment | Food Produced  
Self-Evaluation | | |
| 10 | Practical Session: Healthier Cooking Method  
Product Assessment | Assignment | | 35 |
| 11 | Design a Snack Food | Observation of Students While Cooking  
Food Produced  
Self-Evaluation | | |
| 12 | | | | |
| 13 | Practical Session: Snack Food Assessment | | | |
| 14 | Understanding Cooking Process | Work Completion/Folder Up to Date  
Food Produced During the Practical Through Out the Semester | | 30 |
| 15 | Practical Session: Apple Cake | Food Produced | | |
| 16 | Practical Session Apple Strudel | | | |
| 17 | Practical Session: Aussie Cheese Hamburger | | | |
| 18 | Practical Session: Beef Wanton | | | |
| 19 | Practical Session: Beef Ragu | | | |
| 20 | Practical Session: Butter Chicken | | | |

**TOTALS** 100

### ASSESSMENT POLICY

1. Assessment tasks that have not been completed to the best of a student’s ability (e.g. Untidy presentation, no indication of proof-reading / poor spelling or grammar, illegible writing) will be returned for rectification and submission the next school-day, with loss of 5% of allocated marks (rounded up to nearest whole mark).

2. At the time an assessment task is assigned, a DUE DATE will be notified.
3. Failure to complete or submit the assessment task on the due date without reasonable cause will incur:
   - Late 1 school-day: Loss of 10% of allocated marks (rounded up)
   - Late 2 school-days: Loss of 20% of allocated marks (rounded up)
   - Late 3 school-days: The work will not be accepted and parents notified (E-mail or 'phone)

4. When a student is absent on the day an “in-class” assessment task is administered, s/he will be:
   a. expected to complete the assessment task at the earliest opportunity that is convenient for both student and teacher, provided the absence is Authorised within the meaning of the Education Act (i.e. An ‘R’ or ‘E’ absence code is entered for the entire day in the College’s absenteeism records)
   b. deemed to have not completed the assessment if the absence is unauthorised (i.e. a ‘U’ or ‘V’ code is entered for the day in the College’s absentee records), with a mark of 0 awarded for that assessment